

Message Notes

January 9, 2005

212°: *How Life Really Changes*

1 Timothy 4:6-10

Pastor Steve Patzia

◆ do I _____ the _____ God has _____ for me to live?

My dear children, for whom I am again in the pains of childbirth until Christ is *formed* in you, how I wish I could be with you now... Galatians 4:19-20 (NIV)

It's Morphing Time

- ◆ *Morphoo*: the inward _____ of the _____ of a person.
- ◆ Spiritual _____ is a _____ process. (Gal 6:8-9; 2 Cor 3:18)
- ◆ The primary _____ of _____ is human _____. (Rom 8:29)

Training for Godliness

Have nothing to do with godless myths and old wives' tales; rather, *train* yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. 1 Tim 4:7-8 (NIV)

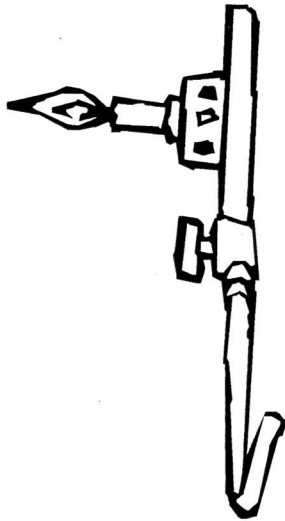
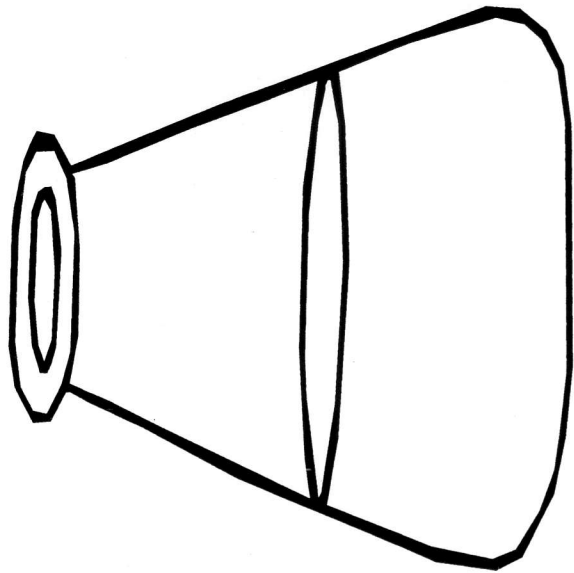
- ◆ Spiritual _____ is the _____ to _____ living. (1 Tim 4:7-8)
- ◆ Spiritual transformation is not a matter of _____ harder, but of _____ wisely. (Pr 2; 1 Cor 9:24-27; Eph 6:10-18; 2 Tim 2:3-6; Lk 6:45)

Disciplines for Life

- ◆ _____ Jesus means _____ my _____ around the _____ that help me to _____ more like _____. (Mk 12:30; Lk 4:16, 5:16; Phil 1:4)
- ◆ *Disciplines*: any _____ that _____ me to live life at _____.
- ◆ Disciplines include: _____, prayer, _____ & _____.
- ◆ *Morphing* _____ comes by _____ changing _____. (Phil 2:12-13)
- ◆ Am _____ willing to be _____ into a _____ Christ-_____?

If you'd like a copy of today's message, write "tape" or "cd" on your attendance card. Ready for pick-up Monday afternoon. Suggested donation is \$1 for tapes & \$2 for cds (to cover costs). Need one mailed? Call church office for details 546-4818.

A Chemistry Lesson II



Disciplines of the Faith

Solitude, Silence, Fasting, Simplicity, Chastity,
Sacrifice, **Study**, Worship, Celebration, **Prayer**,
 Confession, Submission, **Fellowship**, Meditation,
 Guidance, Secrecy, Witness

*If you would like to learn more about Spiritual Disciplines, I recommend the following resources: John Ortberg (*The Life You've Always Wanted: Spiritual Disciplines for Ordinary People*), Richard J. Foster (*Celebration of Discipline*), Dallas Willard (*The Spirit of the Disciplines*), and Henri J.M. Nouwen (*The Way of the Heart*)